

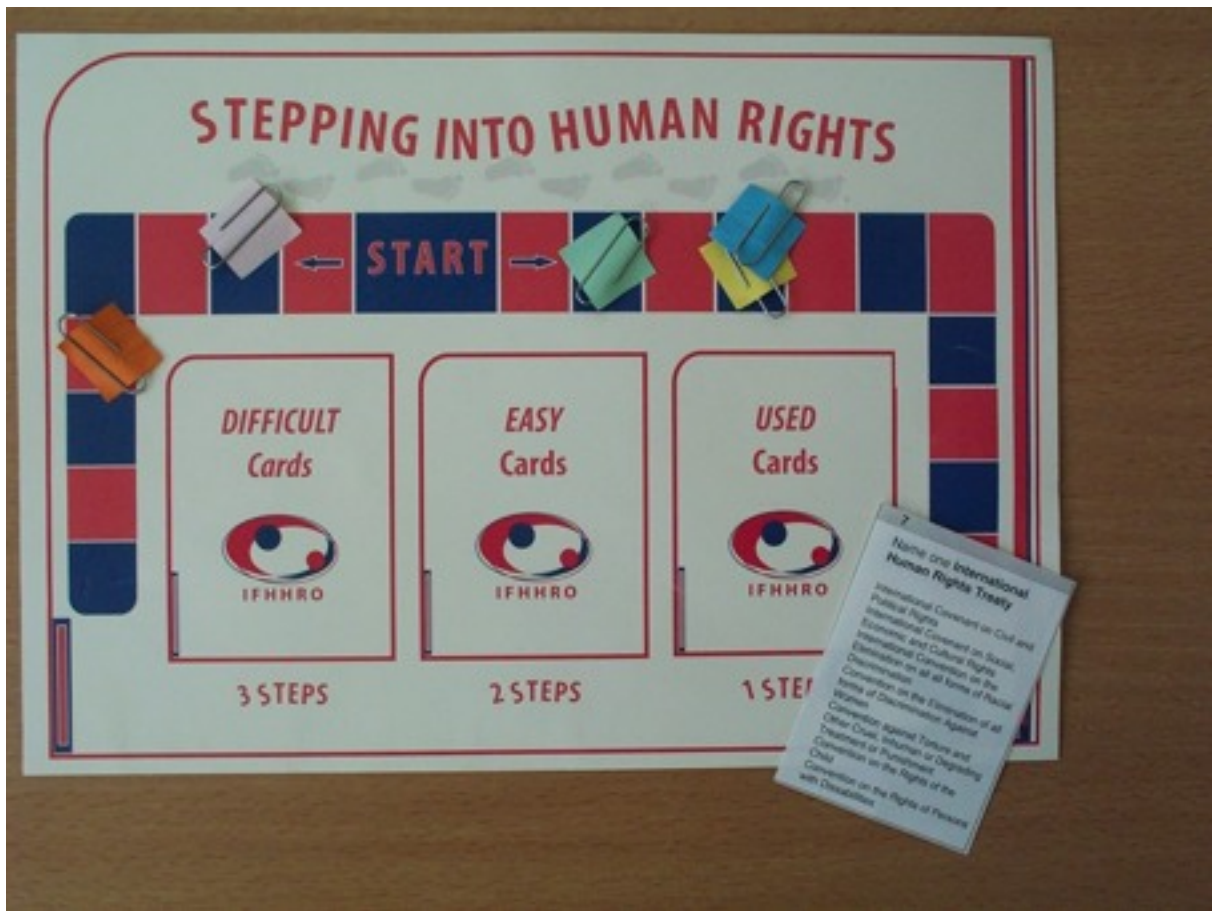


INTERNATIONAL FEDERATION OF HEALTH AND HUMAN RIGHTS ORGANISATIONS



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Board Game “Stepping into Human Rights”



Board Game Instructions

Objective of the Game

The objective of the game is to get to know as much basic information about human rights as possible to be able to answer the Q&A cards correctly so that the most steps forward can be taken within the time limit.

Preparation

Place a counter for each player on START

Make sure the Q&A Cards are in order: place cards 1-12 with the logo side up on the EASY CARDS pile and cards 13-24 on the DIFFICULT CARDS pile indicated on the game board.

First Round

The tallest player begins, and play continues clockwise. The player chooses between an easy card (= 2 steps) and a difficult card (= 3 steps). The person to the right of the player takes a card from the chosen pile and reads out the question. The player tries to come up with an answer. Next, the answer is read out loud. If the question was answered correctly the player can take steps to the right (2 for an easy card, 3 for a difficult card). If the answer was wrong the player needs to take the same number of steps to the left.

Repeat until each player has tried to answer two Q&A Cards.

The used cards are shuffled and placed on the USED CARDS pile indicated on the game board.

Next Round

Players are now also allowed to take cards from the USED CARDS pile, these cards equal 1 step. Again, correct answers mean step(s) to the right, and wrong answers mean step(s) to the left.

Used cards are placed at the bottom of the USED CARDS pile.

Repeat this round until the time is up.

A player who reaches the final step to the left stays on this step until a card is answered correctly. A player who reaches the final step to the right before time is up no longer has to answer cards.

End of the Game

The game ends when the time is up. The winner is the player who has answered the most questions correctly and has therefore been able to take the most steps to the right.



<p>1</p> <p>Human Rights are universal this means...</p> <p>... they apply to everyone everywhere.</p>	<p>2</p> <p>Human Rights cannot be taken away from a person: TRUE or FALSE</p> <p>TRUE Human Rights are inalienable: every individual is entitled to their human rights by virtue of being human.</p>	<p>3</p> <p>What is the Universal Declaration of Human Rights?</p> <p>It is the foundational human rights document, which was adopted in 1948 by the United Nations General Assembly.</p>	<p>4</p> <p>Name one way in which human rights are translated into national law and practice:</p> <ul style="list-style-type: none"> • Through legislation • Through incorporation into national constitutions • Through court decisions • Through human rights-based policies • Through human rights education
<p>5</p> <p>Where can individuals direct complaints of human rights violations?</p> <p>a) Courts b) Treaty Monitoring Bodies c) Special Rapporteurs d) All of the above</p> <p>d) All of the above.</p>	<p>6</p> <p>There is a requirement to seek all available avenues for national redress before submitting an individual complaint to a regional or international tribunal: TRUE or FALSE</p> <p>True. This is called “exhaustion of domestic remedies.”</p>	<p>7</p> <p>In what West European city is the European Court of Human Rights located?</p> <p>Strasbourg, France.</p>	<p>8</p> <p>Governments report annually on the treaties they ratify: TRUE or FALSE</p> <p>FALSE. Governments submit periodic reports according to a schedule specified by the particular treaty.</p>

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<p>9</p> <p>An independent NGO submission to a treaty monitoring body to help it assess a state's compliance with that treaty is called:</p> <p>A Shadow Report.</p>	<p>10</p> <p>Human Rights Treaties impose different types of obligations on Governments. According to one type of obligation a government should not violate human rights. This is the obligation to:</p> <ul style="list-style-type: none"> a) respect human rights b) protect human rights c) fulfill human rights <p>The obligation to respect human rights.</p>	<p>11</p> <p>Human Rights Treaties impose different types of obligations on Governments. According to one type of obligation a government should create conditions necessary for the enjoyment of human rights by everyone. This is the obligation to:</p> <ul style="list-style-type: none"> a) respect human rights b) protect human rights c) fulfill human rights <p>The obligation to fulfill human rights.</p>	<p>12</p> <p>Human Rights Treaties impose different types of obligations on Governments. According to one type of obligation a government should prevent others from violating human rights. This is the obligation to:</p> <ul style="list-style-type: none"> a) respect human rights b) protect human rights c) fulfill human rights <p>The obligation to protect human rights.</p>
<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p>

A Human Rights Treaty is a binding agreement between two or more nations in which human rights are legally protected. What are two other terms for Treaty that mean the same thing?

- a) Declaration and Covenant
- b) Covenant and Convention
- c) Convention and Declaration

b) Covenant and Convention.

A government can indicate that it agrees with the principles contained in a treaty and that it has the intention of becoming legally bound by it in the future.

The treaty has then been:

- a) signed
- b) accepted
- c) ratified

a) Signed.

A government becomes legally bound by a treaty after it has been formally approved at the national level.

The treaty has then been:

- a) signed
- b) accepted
- c) ratified

c) Ratified.

Are domestic courts in countries that have ratified the Convention for the Protection of Human Rights and Fundamental Freedoms (European Convention on Human Rights) obliged to apply interpretations of the Convention by the European Court of Human Rights?

Yes.

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<p>17</p> <p>Which two human rights treaties make up the international bill of rights, along with the Universal Declaration of Human Rights?</p> <p>The International Covenant of Civil and Political Rights (ICCPR) and the International Covenant of Social, Economic and Cultural Rights (ICESCR).</p>	<p>18</p> <p>Which of the following treaties protects the right to the highest attainable standard of health?</p> <p>a) International Covenant on Civil and Political Rights b) International Covenant on Economic, Social and Cultural Rights c) Convention for the Protection of Human Rights and Fundamental Freedoms (European Convention on Human Rights) b) International Covenant on Economic, Social and Cultural Rights.</p>	<p>19</p> <p>What does the right to the highest attainable standard of health mean?</p> <p>a) A right to health care that is available, accessible, acceptable, and of good quality b) A right to the underlying determinants of health, such as food, water, and safety. c) All of the above. d) None of the above.</p> <p>c) All of the above.</p>	<p>20</p> <p>Which component of the right to health care requires that it be respectful of medical ethics?</p> <p>a) Availability b) Accessibility c) Acceptability d) Quality</p> <p>c) Acceptability.</p>
<p>21</p> <p>Name one of the four dimensions of health care accessibility.</p> <p>Health care accessibility has four overlapping dimensions: (1) non-discrimination, (2) physical accessibility, (3) economic accessibility or affordability, and (4) information accessibility, the right to receive, seek, and impart information about health.</p>	<p>22</p> <p>Name one element of the minimum core of the right to the highest attainable standard of health which must be immediately realized without regard to resources.</p> <p>This includes (1) non-discriminatory access to health care, (2) equitable distribution of health care, (3) essential medicines, (4) minimum essential food, water, shelter, and sanitation, and (5) a national public health plan and strategy adopted and implemented with civil society participation.</p>	<p>23</p> <p>Name one difference and one similarity between human rights and medical ethics.</p> <p>Differences: (1) human rights focus on government action and medical ethics focuses on the doctor-patient relationship, (2) human rights provides a set of procedures for enforcing decisions, (3) human rights often channels its arguments through media or advocacy.</p> <p>Similarities: (1) both human rights and medical ethics are concerned with human well-being and intend to prevent abuse and harm, (2) both are subject to interpretation.</p>	<p>24</p> <p>What is human rights in patient care?</p> <p>Human rights in patient care refers to the application of general human rights principles to the context of patient care. It applies to all stakeholders in health care deliver, including providers.</p>

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← **START** →

DIFFICULT
Cards



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3 STEPS

EASY
Cards



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2 STEPS

USED
Cards



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1 STEP



